



by Dr. Andrew Tatarsky

Author of the book of Harm Reduction Psychotherapy

One Day Training

Integrative Harm Reduction Psychotherapy - II for Substance Using Patients/Clients: Rationale, Theory and Clinical Technique

OUTLINE:

Overview of Integrative Harm Reduction Psychotherapy

- The Three Domains
- Seven Therapeutic Tasks
- Illustrative Case Presentations

Awareness/Mindfulness Training

For "Urge-surfing" and "Unwrapping the Impulse"

- Cognitive and behavioral interventions
- Experiential Exercise

Therapeutic Alliance Skills

- Active listening, collaborative inquiry, reflection,
- Participants Role-play
- Discussion

Embracing Ambivalence

- Empathizing with both sides of Ambivalence
- Voice dialogue
- Decisional Balance
- Demonstration
- Participants Role-play
- Discussion

8 CEU Credits will be offered to
LPCs, LCPCs, LSWs, LCSWs, and CADCs

Registration Form

Name _____

Address _____

Phone _____

E-mail address _____

Tuition: \$95.00

\$ _____ Total Payment enclosed (U.S. funds only)

Checks should be payable to BSC, P.C.

Registration should be sent to:
Behavioral Services Center
8707 Skokie Blvd., Suite 207
Skokie, IL 60077

Visa MasterCard American Express

Credit Card Number _____

Expiration Date _____

Cancellations—Request must be in writing. Refunds will be given on requests postmarked within 10 days prior to workshop. A \$25 processing fee will be deducted from all cancellations.

Dates of Presentation: **October 1, 2010**

Registration: **7:30am – 8:00am**

Time: **8am - 5pm**

Location: **Dr. Zhivago Banquet Hall**
9925 Gross Point Rd
Skokie, IL 60076

For more info – Phone us at 1.847.929.9370